



FUN RUN

NAME: _____

Address: _____

Contact Phone # in case of emergency _____

Registration

Go to the Ephraim Co-op, 96 North Main, register for your starting number from 6:00 a.m. to 6:45 a.m.

Fee

\$10 will provide you with a Festival t-shirt and a chance to win *cash prizes for winners (men and women) in the *races

Entry

(mark one)

- *10 K (starts at 6:30 a.m.)
- Speed Walkers (starts at 6:45 a.m.)
- *5 k (starts at 7:00 a.m.)
- Walk (starts at 7:00 a.m.)

Gender

- Male
- Female

Shirt Size

(mark one)

XS S M L XL XXL

Waiver and Release

_____ (initial here)

In consideration of my entry being accepted, I waive any and all claims for myself, my administrators, and my heirs against all officials, sponsors, and organizations connected with the Scandinavian Heritage Festival Fun Run for injury or illness that may directly or indirectly result from my participation in this event. I attest that I have full knowledge of the risks involved in this event and am physically fit and sufficiently trained to participate in this event. I understand that my registration is not refundable or transferable.

Payment

- Cash
- Check #